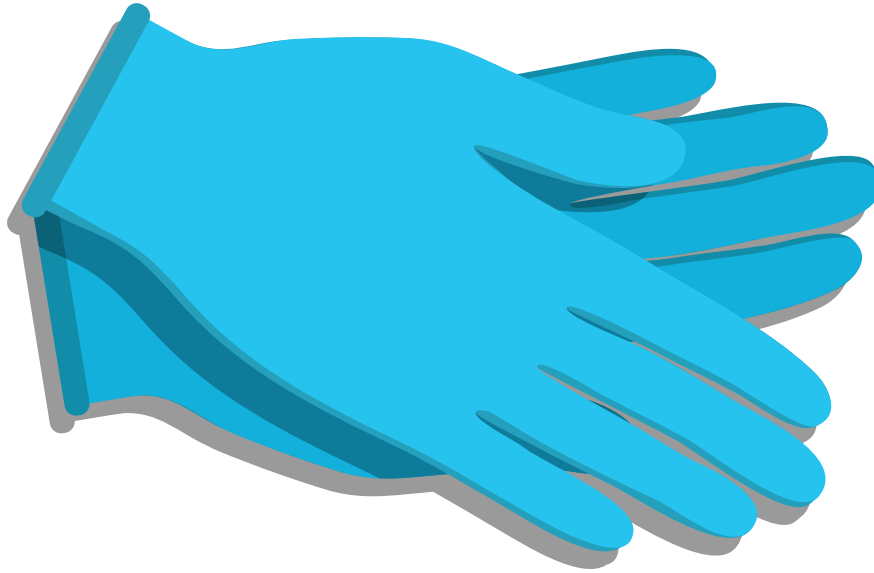


## RUBBER GLOVES & FIRST AID



Keeping yourself protected is the first priority of any first aider. Minimising risk is vitally important and one of the key dangers to a first aider is bodily fluids, such as blood, vomit, and urine, and faeces, all of which pose a risk of cross contamination. Body fluids and faeces can carry infections and diseases, including, but not limited to, HIV and hepatitis.

The main tool of the first aider to avoid this risk is a pair of impermeable gloves. Gloves protect the key contact point with the victim (the hands) and allow you to work in increased safety. They protect not only from bodily fluids and faeces, but from any dermatological infections or parasites that the victim may have.

The first thing a first aider should do when approaching, or on their way to, a victim is to put on their gloves.